|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday  | Wednesday | Thursday | Friday | Saturday |
| 30 | **31** |  |  |  |  | **1** |
| 2 | **3****6pm Combat Fitness****7pm Core & Restore** | **4****6pm Step Fitness** | **5****6pm FitSteps (Trelade Hotel)** | **6** | **7** | **8** |
| 9ARTS SUNDAY | **10****6pm Combat Fitness****7pm Core & Restore** | **11****6pm Step Fitness** | **12****6pm FitSteps (Trelade Hotel)** | **13** | **14****RETRO 14th-16th** | **15****RETRO 14th-16th****PENINSULA HOTEL** |
| 16RETRO 14th-16th | **17****6pm Combat Fitness****7pm Core & Restore** | **18****6pm Step Fitness** | **19****6pm FitSteps (Trelade Hotel)** | **20** | **21** | **22** |
| 23 | **24****6pm Combat Fitness****7pm Core & Restore** | **25****6pm Step Fitness** | **26****6pm FitSteps (Trelade Hotel)** | **27** | **28** | **29** |

**August 2020 Timetable All Classes at SSCC unless marked.**