|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 30 | **31** |  |  |  |  | **1** |
| 2 | **3**  **6pm Combat Fitness**  **7pm Core & Restore** | **4**  **6pm Step Fitness** | **5**  **6pm FitSteps (Trelade Hotel)** | **6** | **7** | **8** |
| 9  ARTS SUNDAY | **10**  **6pm Combat Fitness**  **7pm Core & Restore** | **11**  **6pm Step Fitness** | **12**  **6pm FitSteps (Trelade Hotel)** | **13** | **14**  **RETRO 14th-16th** | **15**  **RETRO 14th-16th**  **PENINSULA HOTEL** |
| 16  RETRO 14th-16th | **17**  **6pm Combat Fitness**  **7pm Core & Restore** | **18**  **6pm Step Fitness** | **19**  **6pm FitSteps (Trelade Hotel)** | **20** | **21** | **22** |
| 23 | **24**  **6pm Combat Fitness**  **7pm Core & Restore** | **25**  **6pm Step Fitness** | **26**  **6pm FitSteps (Trelade Hotel)** | **27** | **28** | **29** |

**August 2020 Timetable All Classes at SSCC unless marked.**