|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday  | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1****6pm FitSteps** | **2** | **3****9am Core & Restore****10am FitSteps** |
| 4 | **5****6pm Combat Fitness****7pm Core & Restore** | **6****6pm Step Fitness** | **7 Sylvans** **6pm FitSteps** **7pm Retro R&R** | **8****6pm FitSteps** | **9** | **10****NO CLASSES** |
| 11 | **12****NO CLASSES** | **13****NO CLASSES** | **14** **Dance Xmas Night out**  | **15****NO CLASSES** | **16** | **17****NO CLASSES** |
| 18 | **19****NO CLASSES** | **20****NO CLASSES** | **21** **NO CLASSES** | **22****NO CLASSES** | **23** | **24****NO CLASSES** |
| 25 | **26****NO CLASSES** | **27****NO CLASSES** | **28** **NO CLASSES** | **29****NO CLASSES** | **30** | **31****Classes restart 9th January** |

**December 2022 Timetable All Classes at SSCC. Wednesday at Sylvans FC**