|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1**  **6pm FitSteps** | **2** | **3**  **STRICTEMENT**  **WEEKEND** |
| 4 | **5**  **6pm Combat Fitness**  **7pm Core & Restore** | **6**  **6pm Step Fitness** | **7**  **6pm FitSteps**  **Le Trelade** | **8**  **6pm FitSteps** | **9** | **10**  **RETRO WEEKEND** |
| 11 | **12**  **6pm Combat Fitness**  **7pm Core & Restore** | **13**  **6pm Step Fitness** | **14**  **6pm FitSteps**  **Le Trelade** | **15**  **6pm FitSteps** | **16** | **17** |
| 18 | **19**  **6pm Combat Fitness**  **7pm Core & Restore** | **20**  **6pm Step Fitness** | **21**  **6pm FitSteps**  **Le Trelade** | **22** | **23** | **24** |
| 25 | **26** | **27** | **28** | **29** | **30** | **31** |

**July 2021 Timetable All Classes at SSCC unless marked.**