|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday  | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | **1****6pm FitSteps** | **2** | **3****STRICTEMENT****WEEKEND** |
| 4 | **5****6pm Combat Fitness****7pm Core & Restore** | **6****6pm Step Fitness** | **7** **6pm FitSteps****Le Trelade** | **8****6pm FitSteps** | **9** | **10****RETRO WEEKEND** |
| 11 | **12****6pm Combat Fitness****7pm Core & Restore** | **13****6pm Step Fitness** | **14****6pm FitSteps****Le Trelade** | **15****6pm FitSteps** | **16** | **17** |
| 18 | **19****6pm Combat Fitness****7pm Core & Restore** | **20****6pm Step Fitness** | **21****6pm FitSteps****Le Trelade** | **22** | **23** | **24** |
| 25 | **26** | **27** | **28** | **29** | **30** | **31** |

**July 2021 Timetable All Classes at SSCC unless marked.**